



# EAST Haven

Encourage, Assist, Support, Together



Need to talk to someone?

Having problems with everyday life?

Want help solving a problem?

Not sure of how to get help?

**WE CAN HELP! →**

We're **not** a treatment program.

We provide **support and assistance** to people with a mental health or substance use concern.

We're here to **listen and help**.



## LOCATION

463 William Street  
Buffalo, NY 14204



## HOURS

Monday	9AM - 5PM
Tuesday	9AM - 5PM
Wednesday	9AM - 5PM
Thursday	9AM - 5PM
Friday	9AM - 4PM
Saturday	Closed
Sunday	Closed



## CONTACT

Walk in or call us at  
895-6700 x 4065



Learn more at [www.ehsny.org](http://www.ehsny.org)